

**Colusa County Partners for Health
Colusa Industrial Properties**

Colusa, CA

July 20th, 2023

10:00 – 11:30AM

Partners Attended: AO- Colusa County Emergency Preparedness, AS- TCCAP, AA- Colusa County DHHS, BA- CCOE, BH- Williams Action Center, CS- Colusa County Public Health, CM- Pneumacare, DC- Colusa County Tobacco Education Program, HJ- Colusa County Public Health, JM- Center for Healthy Communities, JN- Colusa County Public Health, KW- Colusa County Public Health, JS- Colusa County Behavioral Health, KD- CCOE, KO- Arbuckle Family Action Center, LW- TCCAP, MC- Colusa County Public Health, MA- Colusa 1 Stop, NC- Colusa Medical Center, MP- Colusa County Behavioral Health, PB- Colusa County Tobacco Education Program, PJM- Ministerial Association of Colusa County, RP- Colusa County Tobacco Education Program, RM- Colusa County Oral Health, SR- Colusa County MCAH, VJ- Pneumacare

- **10:00-10:10am (Introductions & Ice Breaker)**
 - a. Members of the meeting introduced themselves and the agency they are representing.
- **10:10-10:20am (CCPH Membership Expectations)**
 - a. Devy from Colusa County Public Health Tobacco Education program spoke about the Partners for Health member's expectation within the coalition.
- **10:20-10:35am (TCAAP Discussion)**
 - a. Lauren talked about the community health assessment that is being put on. This assessment consists of identifying the strengths within our community. After the data is formulated they will then come up with a game plan on how to best help the community.
 - i. The benefits of this community assessment is to identify priority needs and to better utilize the resources that are readily available to the community. This is a great way to link resources to the community.
 - ii. Recruitment of stakeholders is something that is happening right now to start the kick off meeting and get as many people involved as possible. In August the local health status assessment is something that will be taking place as well as different focus groups that will be going on.
 - iii. In September there will be asset mapping to see what kind of resources are available, this will help in the planning process.
 - iv. If you have any questions about this you can reach out to Stephanie Rosas or Lauren Wong.
- **10:20-10:45am (Safe Haven Presentation)**
 - a. Myra and Jeannie from Colusa County Behavioral Health provided members a presentation on Save Haven
 - i. MHA Guiding Principals
 - a. Community Collaboration, Cultural Competency, Wellness, access to unserved communities and creating an integrated service array.
 - b. What does the services actually fund?
 - a. FSP

- b. Rancho Colus
 - c. Cypress House
 - d. Community Crisis Support
 - c. MHS is an annual plan and has safe haven program which has been around for a really long time.
 - d. Mission- Increase informal support for community members who are focusing on improving their mental health functioning and recovery from substance use disorders. Reducing social isolation through peer-to-peer interaction.
 - e. Safe Haven has 130 members and the numbers are going up throughout the year. Every month they select a number that is highlighted. The membership is free for people who choose to join.
 - f. Each individual needs to fill out a membership packet when they join Safe Haven. There is also food pantry that is inside of safe haven, there are also groups that help in navigating computers and help with creating resumes. Safe Haven has a clothing closet for people who are in need of clothing.
 - g. Safe Haven has a wide arrange of clubs that you can join. Suicide prevention week is in September, Safe Haven will be doing something for that week.
 - h. Safe Haven started off the summer with a barbeque. Safe Haven is planning on developing the dirt lot they have into a usable outdoor space.
- **10:45-11:20am (Focus Group/Group Discussion)**
 - a. **Tobacco-** TCAAP just finished up the covid-19 outreach, working on setting up different services for the community. Colusa County Office of Education is kind of slow during the summer but they are working on creating a newsletter, only one county resource officer. CCOE is looking into getting more information on marijuana prevention for the schools. They are trying to get more youth voice and more peer support and want to get all of the student voices. CCOE wants to get into learning more about ransomware and how they can possibly help prevent. Colusa County Tobacco Education Program is looking to open up a youth coalition in Williams High school. Subcommittee suggested that including a promotional flyer in the Water Bill is a good way to promote World No Tobacco Day. Members advised the Tobacco Education team to not schedule the event when Colusa County Fair is scheduled. Colusa Medical Center is looking to open resource groups.
 - b. **Community Strengthening-** Betty Huson gave out fliers for the new location of the family action center, including food distribution events occurring there. Stephanie Rosas discussed the home visiting program and the approval to start. Lauren Wong discussed the CHA meetings and Mobilizing for Action through Planning and Partnerships (MAPP).
 - i. She discussed that there are main components:
 - a. Identification of organizations to be involved
 - b. Brainstorm what Colusa County health looks like for our community
 - c. Identify health condition data

- d. Identify needs vs. strengths
 - ii. She discussed the need for a creation of 6 geographical focus groups and need for phone surveys. She stated that we need to look at the big picture of health, including environmental, and things that occur in cycles, such as drought and community migration. The Community Health Improvement Plan form by formulating the goals and strategies to reach those goals to make an improvement work plan. The next meeting for the Community Health Assessment will be Aug 14th 2023 12-2. Colusa County's needs, access issues and infrastructure needs were discussed in committee. Kade Wilson spoke about the need for a Community Health Assessment (CHA) to be completed in order to acquire additional funding for our community. Kade spoke regarding our home visiting program for families with children to age 5 and the overlaps in services of other programs in the county. She inquired on increasing infrastructure communication, such as a shared intake form and meetings between the two similar programs. She also spoke on the need for stakeholders in the community to be involved. Lauren Wong went over the Draft Vision Statement for CHA, and the subcommittee brainstormed on re-wording. Subcommittee meeting members discussed probable focus group locations in our community.
 - c. **Nutrition-** Jen from Center for Healthy Communities discussed about her program and upcoming projects they are working on. CCOE discussed about their upcoming activities such as teaching gardening for kids.
- **11:20-11:30am (Questions/Concerns)**
 - a. **Next CCPH meeting scheduled for October 2023**