



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

May 9, 2023

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:08 pm
2. Establish Quorum
 - a. Board Members in attendance: Debbie Hickel, Wally Osbourn, Alfred Sellers Jr., Rob Wilson
 - b. Board Members not in attendance: –
 - c. *Quorum established*
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Mayra Puga, Jeannie Scroggins, Heather Bullis-Cruz, Bessie Rojas
 - b. Others in attendance: Pam DaGrossa, Colusa County Library staff
4. Public Comment
 - a. None
5. Old Business:
 - a. None
6. New Business:
 - a. N/A
7. Action Items:
 - a. Approve MHSA 3 Year Plan (2023 – 2026)
 - i. Ms. Puga discussed the MHSA 3 Year Plan has completed its 30 day review period. This meeting serves at the Public Hearing for final comments and feedback from the community. Ms. Puga reviewed the additions and changes from the draft plan that was



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presented to the community from April 7 – May 7, and asked for Board approval of the current plan.

- ii. Discussion was had regarding the corrected budget and cost per person per program. A question was asked regarding the difference between the adult residential facility (Cypress House) and the new program of Williams Wellness Center. The Board requested a tour, or an Open House event for Cypress House.
 - iii. Mrs. Hickel made a motion to approve the MHSA 3 Year Plan, Mr. Osbourn seconded, all were in favor.
- b. Approval of minutes: March 2023 minutes to be approved. Mr. Osbourn made a motion to approve the March minutes. Mr. Wilson seconded. All members were in favor. April 2023 minutes to be approved. Mr. Osbourn made a motion to approve the April minutes. Mr. Wilson seconded. All members were in favor.
8. MHSA Update:
- a. Safe Haven Report: Ms. Puga reported on Safe Haven’s upcoming fieldtrip to the Sacramento River Cats baseball game as well as their Listen and ALOE yourself to grow event.
 - i. Mrs. Hickel asked, “How are things going at Safe Haven?” Ms. Puga responded that attendance is a little low in the afternoons, but we typically have about 10 members who attend every day. We started a Music Group and the members are enjoying it. Mrs. Hickel stated that she might be interested in leading a group soon.
 - b. Bright Vista Report: Ms. Puga discussed Bright Vista’s event next week called Parfaits and Paint.
9. Director’s Report:
- a. None - Mr. Hobson was absent
10. Program Integrity:
- a. Mrs. Bullis-Cruz shared her monthly report with the board and noted that there were 22 requests for intake last month. She mentioned the current corrective action plans that Behavioral Health is working on to move into compliance for Drug Medi-Cal and Substance Abuse Block Grant. Mrs. Bullis-Cruz also reported on the two outstanding compliance deficiencies for MHSA, but one will be resolved with including cost per person per program in the recently approved MHSA 3 Year Plan. She stated we still



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have not heard back about DHCS approving our Triennial corrective actions plans, but that Behavioral Health has already moved forward with incorporating improvement on those items.

- b. Mr. Sellers asked, “What happens after clients discharge from treatment programs for mental health and substance use?” Discussion was had on how Behavioral Health follows-up with SUD clients post-treatment if the client previously signed a consent to contact them after discharge. Clients who discharge from Mental Health services are informed they can return to services in the future if needed and that crisis support is available 24/7 whether or not they are an open client with Behavioral Health.

11. Quality Assurance :

- a. Mrs. Rojas handed out the report of count of services and clients. She stated that the biggest change was that more client are starting to receive mental health rehabilitation services. It was theorized that this is due to being low on therapists. Medication services has decreased some since last month and we are looking at transferring some clients to their Primary Care Provider when appropriate based on their level of care need. Behavioral Health is also closing some clients who only receive medication services is they have not been active in their treatment. Discussion was had on the Ryan Haight Act and how the DEA has now pushed these requirements out to November 2024.

12. PRA Report:

- a. No grievances

13. Chairperson’s Report:

- a. Mrs. Hickel reported that she is in her 2nd day of retirement, is happy to come to the next Board of Supervisor’s meeting for the MHSA 3 Year Plan, and asked about meeting on a different day of the week in the future.

14. Board of Supervisor Report:

- a. None - Supervisor Boes was absent

15. Adjournment – Meeting adjourned at 4:01pm

Next meeting scheduled for: July 11th at 3:00pm

Minutes completed by: Jeannie Scroggins