



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

April 11, 2023

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:04 pm
2. Establish Quorum
 - a. Board Members in attendance: Debbie Hickel, Wally Osbourn, Alfred Sellers Jr.
 - b. Board Members not in attendance: Rob Wilson, Alfred Sellers Jr.
 - c. *Quorum established*
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Mayra Puga, Jeannie Scroggins, Heather Bullis-Cruz, Bessie Rojas, Tony Hobson
 - b. Others in attendance: Kent Boes, Board of Supervisor Liaison
4. Public Comment
 - a. N/A
5. Old Business:
 - a. N/A
6. New Business:
 - a. N/A
7. Action Items:
 - a. March minutes will be tabled until May's meeting as quorum was not established.
8. MHSA Update:



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- a. Safe Haven Report: Ms. Puga reported that membership continues to increase. Safe Haven is in discussion to develop the dirt lot and ideas of adding flower beds, a gazebo, and sitting area to make it a useable space.
 - b. Bright Vista Report: Ms. Puga discussed the Spring Break activities that are scheduled for Bright Vista, and their change in hours for the spring break.
 - c. Ms. Puga stated the MHSA 3 Year Plan has been posted and is currently in 30 Day Review; dates being from April 7th to May 7th. Ms. Puga mentioned where the plan can be found, along with a comment form for feedback and suggestions. At next month's Behavioral Health Advisory meeting we will ask for the board's approval and then it will move to Colusa County Board of Supervisors for their approval. Finally, it will be submitted to Department of Health Care Services (DHCS) before the end of the fiscal year.
9. Director's Report:
- a. Mr. Hobson stated we are still recruiting for Therapists. We have filled Case Managers and Mental Health Specialist positions, but are in need of therapists. The department is looking into the possibility of offering remote work to attract applicants. There has also been some interest from psychologist interns who need their hours supervised.
 - i. Mrs. Hickel asked, "How was your workshop about exploring hiring bonuses?" Mr. Hobson replied that it was positive overall and the Board of Supervisors understand our need.
 - b. Mr. Hobson shared that it is budget time and we are looking at our financial resources. CalAIM initiatives have us asking for more positions and we are looking at possibly moving to DMC-ODS for substance use treatment. We are transitioning to a new electronic health record in July and we are in need of more support staff for this initiative.
 - i. Mrs. Hickel asked, "Are you moving away from Kingsview?" Mr. Hobson stated, "Yes". We need to participate in data sharing and some other California counties will be using the same electronic health record through CalMHSA. "The more standardized we can get in delivering services, the better" said Mr. Hobson.
 - c. Full Service Partnerships are growing and we may need to add more Mental Health Specialists. It will be asked in our proposed budget to



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include two Therapist III positions to help with supervision on the youth and adult treatment teams.

10. Program Integrity:

- a. Mrs. Bullis-Cruz shared her monthly report with the board. She mentioned that numbers are not changing much. Wait time for intakes is no longer a problem because the Open Access process has allowed for new clients to be seen the same day as they request services.
- b. Mrs. Bullis-Cruz asked if there was any other data or items that the Advisory Board would like information on next month.
 - i. Mrs. Hickel stated that she would like to hear success stories, such as how many clients have met their goals and were discharged from services.
 - ii. Ms. Scroggins also suggested providing an update on program deficiencies identified by DHCS and outstanding corrective action plans.

11. Quality Assurance :

- a. Mrs. Rojas handed out the report of count of services and clients. . She stated that mental health groups have been created and have allowed for quicker access to services since we are short on therapists. Crisis services decreased for the month of March. Medication Management services did increase from 116 to 148.

12. PRA Report:

- a. A grievance was dated 3/31, but it was just received this week so it will be included in next month's meeting/report.
- b. Mr. Hobson stated that it is likely we will be getting more grievances as he is hoping to move away from our psychiatrist prescribing controlled medications when an alternative medication would be as effective. He mention the Ryan Haight Act and the need for our telehealth psychiatrists to have at least one face-to-face session with clients who are prescribed a controlled substance. Currently we have around 60 clients. Discussion was had on how this may impact clients.

13. State Required Contract Review:

- a. Mrs. Hickel suggested that Mr. Hobson only report on new contracts, or on facilities that are out of compliance. However, this item can be moved



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under Director's Report and does not need to be its own separate item on the agenda.

- b. Mr. Hobson discussed the need to have a contract with a facility that will allow an inmate to receive inpatient psychiatric services. Mr. Hobson mentioned a recent situation of a gravely disabled inmate needing placement, but placement was denied by the psychiatric health facility because the individual was incarcerated. Mr. Hobson reported that this is discrimination and he has meeting with other counties to discuss this issue.
 - i. Mrs. Rojas asked if Napa State Hospital provides this service. Mr. Hobson replied that it is only for individuals who have felonies.

14. Chairperson's Report:

- a. Mrs. Hickel – nothing to report.

15. Board of Supervisor Report:

- a. Supervisor Boes stated that the recruitment and retention meeting was very productive. "Things are evolving" and we are looking at ways to attract and retain staff. It is likely that more of these meetings will occur in the future with specific topics to focus on.
- b. Supervisor Boes updated the board on the Regional Housing meeting that was had last week. Costs to the project continue to increase but they are "hoping to break ground soon."

16. Adjournment – Meeting adjourned at 4:03pm

Next meeting scheduled for: May 9th at 3:00pm

Minutes completed by: Jeannie Scroggins