



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

March 14, 2023

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:03pm
2. Establish Quorum
 - a. Board Members in attendance: Debbie Hickel, Wally Osbourn, Alfred Sellers Jr.
 - b. Board Members not in attendance: Rob Wilson
 - c. *Quorum established*
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Haley Amundson, Mayra Puga, Jeannie Scroggins, Heather Bullis-Cruz, Bessie Rojas, Tony Hobson
 - b. Others in attendance:
4. Public Comment
 - a. N/A
5. Old Business:
 - a. N/A
6. New Business:
 - a. N/A
7. Action Items:
 - a. Approval of minutes: Mr. Hobson requested one update to be made to “Director’s Report” 9C – Renovations for Cypress House (ARF) slated for the end of March instead of March 1st.



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- b. Mr. Osborn made a motion to approve February minutes. Mr. Sellers seconded the motion. All members in favor.
8. MHSa Update:
- a. Safe Haven Report: Ms. Puga reported we are planning a BBQ event for May is Mental Health Awareness month. Ms. Puga stated we are recording a podcast with the Master Gardeners of Colusa County in April that will be released in May. Safe Haven wants to host a listening party of the podcast at the BBQ event.
 - i. Mrs. Hickel asked about attendance. Ms. Puga said the attendance has been great and all of the groups are well attended.
 - ii. Mrs. Scroggins said members are getting comfortable speaking up and asking for groups they are interested in.
 - b. Bright Vista Report: Ms. Puga said we are planning activities for Bright Vista during the member's school spring break in early April.
 - i. Mrs. Hickel asked about attendance. Ms. Puga stated our numbers have been steady and continue to rise.
 - c. Ms. Puga stated for the MHSa plan we finished all stakeholder meetings, there were 4. We received feedback: mobile crisis unit to local schools, share information from CC Recovery with Safe Haven, community concerns of No Place Like Home being a three-story building in regards to fire safety; yet the fire department has since received a grant to remedy this issue.
 - i. We will shoot for 30-day review period starting April 3rd to May 3rd. The plan will go out to public to review to get final feedback.
 - ii. Ms. Puga reported she is collecting data from all of our partners and internal programs within MHSa, getting strengths and barriers from each. All of this data will be included on the draft plan.
 - d. Ms. Puga gave an update on Cultural Humility (CCC) – We are working on drafting a community survey to assess barriers to services, transportation, languages, etc.
9. Director's Report:
- a. Mr. Hobson stated we are working on recruitment. We have 5 therapist vacancies. We have been interviewing and have made offers. Ms. Scroggins, Mr. Hobson and fiscal officer Mrs. Briscoe met with CalMHSa to look at incentive type programming. Mr. Hobson stated he is



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reviewing the scope of work. There is a potential to offer a hiring bonus for credentialed therapist. There are other avenues CalMHSA is exploring with small counties. CalMHSA has contracted with Palo Alto University - mostly an online school for CEUs, but there are talks about a two-year Master's degree that would line up to be a LPCC or LMFT. Their core curriculum will meet the two-degree requirements from the State. CalMHSA developed the two-year curriculum and are looking at counties that want to buy a program - \$118k per degree. Mr. Hobson states we can identify employees that have the prerequisites and pay for their education. There will be stipulations involved. This is an idea in development; it is not set in stone yet. Mr. Hobson stated another update from CalMHSA is contracting with a temp. agency for example to obtain an LCSW or LMFT. Mr. Hobson stated he will discuss it with our leadership team.

- i. Mr. Hobson states there is a workshop for retention and recruitment this month for departments heads that he will be attending.
- b. Mr. Hobson stated MHSA had bit of an imbalance on the fiscal side, and the department was spending too much realignment money. We underspent on the MHSA side of the house. We are drawing down too much on one side and not enough on the other. We have been working on getting this balanced. Mr. Hobson stated we have more clients on the Full-Service Partnership (FSP) program which is helping draw down those dollars correctly.
- c. We are doing well with substance use intakes. Numbers are rising for SUD and co-occurring treatment.
- d. Mr. Hobson reported our staff has recently attended career and job fairs to inform and recruit new graduates.
 - i. Chico State Career Fair (Ms. Scroggins, Ms. Puga and Ms. Amundson)
 - ii. Arbuckle High Career Fair (Ms. Puga and Ms. Amundson)
 - iii. Colusa Career Presentation (Ms. Scroggins)
- e. Mrs. Rojas asked if we are we advertising that our department is a "NHC" site on job flyers. Mr. Hobson stated he is unsure but will check.
- f. Mr. Hobson gave an update on the projects occurring in Williams



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- i. Cypress House (ARF) renovation should be done at the end of March.
- ii. Westside Campus – we are still figuring out staffing first, then bids will need to go out for first steps. There will be 25 to 30 staff housed at this location - Probation, Health & Human Services, Behavioral Health, and Victim Witness. This has not gone to our BOS yet, it will later this month. Mr. Hobson and Mrs. Kelley (DHHS Director) will present to the BOS.
- iii. Will use MHSA dollars on this, need to be specific on how we use these funds.

10. Program Integrity:

- a. Mrs. Bullis-Cruz emailed out her data to the board. No intakes were Cancelled or No Showed. The amount of intakes decreased by almost 50%, which could be due to weather. Mrs. Rojas stated we have caught up with everyone and have no pending intakes. February is also a short month. The rest of numbers fall in line. Average wait days are the same as last month. We are doing good overall.

11. Quality Assurance:

- a. Mrs. Rojas handed out the results of a Consumer Satisfaction Survey we provided to consumers in early February. There were 17 English-speaking and 17 Spanish-speaking participants who responded. Mrs. Rojas stated it gave an idea of what people liked and did not like about our services.
 - i. Favorable results were that staff are sensitive of cultural background.
 - ii. Unfavorable results were that clients do not like our location.
- b. In February, there are more dually diagnosed clients. There was a decrease in clients in the SUD program. We are identifying clients that are co-occurring and they are seeing mental health providers. Overall services are pretty steady. There was a decrease in case managements services and an increase in crisis clients.
 - i. Mrs. Scroggins stated maybe case management decreased because one of the previous case mangers moved into a different non-clinical position.

12. PRA Report:

- a. Nothing to report.



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13. State Required Contract Review:

- a. N/A

14. Chairperson's Report:

- a. Mrs. Hickel stated everything seems to be going very well. Very happy seeing all the data and charts. Mrs. Hickel gave kudos to everyone.

15. Board of Supervisor Report:

- a. Nothing to report. Board of Supervisors meeting was taking place today.

16. Adjournment – Meeting adjourned at 3:41pm

Next meeting scheduled for: April 11th at 3:00pm

Minutes completed by: Haley Amundson