



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

December 13th, 2022

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

- 1. Meeting was called to order at 3:02pm**
- 2. Establish Quorum:**
 - a. Board Members in attendance: Debbie Hickel, Diane Bransford, Wally Osborn, Rob Wilson, Alfred Sellers, Leona Satterburg
 - b. Board Members not in attendance:
 - c. *Quorum established*
- 3. Meeting Participants:**
 - a. Behavioral Health staff in attendance: Haley Amundson, Jeannie Scroggins, Heather Bullis-Cruz, Bessie Rojas, Brizia Martinez
 - b. Others in attendance: Chris Houston PRA, Kent Boes
- 4. Public Comment:**
 - a. Ms. Scroggins reported last month Mrs. Bransford would be resigning from the Behavioral Health Advisory Board. In honor of her time served (2015-2022) we have presented Mrs. Bransford with a plaque.
- 5. Old Business:**
 - a. Nothing to report.
- 6. New Business:**
 - a. Chair nominations 2023.
 - i. Mr. Wilson nominated Debbie Hickel as chair. Mr. Osborn seconded the motion. All members in favor.
 - b. Mr. Wilson reported his personal case worker was promoted, he requested a new one and has not heard anything as of yet. Mrs. Martinez asked



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

which route he took for this request. Mr. Wilson stated he made the request at the front window and with his therapist. Mr. Wilson stated it is very difficult in requesting a change of a new provider. Mr. Wilson asked if there is there any way to flag when staff get promoted or leave so their clients can be reassigned as soon as possible? Mrs. Hickel asked what the procedure is now? Ms. Scroggins asked Mr. Wilson if he was told that his case manager was promoted or did he want a change of provider? Mr. Wilson responded that he was told of promotion from therapist which he then formally requested a new case manager. Ms. Scroggins stated that we have a form when an employee leaves the department. Ms. Scroggins stated it will then go through program supervisors to do reassigning and will let the client know who they have been reassigned to. Ms. Scroggins stated we will follow up. Mr. Wilson said in his personal case it is very important for him to receive this service.

- i. Jeannie said when provider leaves Behavioral Health we do run report and see what current clients they are serving.
- c. Mrs. Martinez reported we have hired new staff
 - i. Mental Health Specialist for the PATH program
 - ii. Case Manager for the adult team
 - iii. Mental Health Specialist for the Crisis team
 - iv. Ms. Scroggins stated we hired a full-time peer support specialist
 - v. Hiring for front office supervisor, two therapist positions, and a sitter-driver position.

7. Action Items:

- a. Approval of minutes: November 2022 minutes to be approved. Mr. Wilson made a motion to approve the November minutes. Mr. Osborn second. All members were in favor.

8. MHSA Update:

- a. Safe Haven Report: Ms. Scroggins reported that we now have a full-time peer support specialist effective 12/19. Ms. Scroggins stated that Safe Haven is having their holiday party tomorrow 12/14. Mrs. Hickel asked for a little more notice next time. Ms. Scroggins stated we didn't make this event as publicized because it was more of a member's event, but that our staff and board members are more than welcome to come. Mrs. Martinez said it's nice that the event is at Behavioral Health so our staff can stop in. Ms. Scroggins stated we have the results from the art contest for the 2023 calendar. The calendar will be done by January as it is currently being



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

finished up. Ms. Scroggins reported that the process of building the fence at Safe Haven is running smoothly. Ms. Scroggins reported new groups at Safe Haven: relapse prevention group and a recovery group which are led by Behavioral Health staff.

- b. Bright Vista Report: Ms. Scroggins reported that the walking tours with Egling Middle School (6th, 7th, and 8th) brought in new memberships. We are working with probation to have their youth utilize the space. Ms. Scroggins stated there is a members only mini event “cookies and hot cocoa” next week.
- c. Ms. Scroggins stated calendars for Safe Haven and Bright Vista can be found on the County of Colusa website under the Behavioral Health tab. These calendars have the dates and times of all groups and events taking place throughout the month.
- d. Ms. Scroggins reported that both sites working towards peer support specialists to be peer certified so they can be able to bill Medi-Cal in the future. There will be 80 hours of training and then they will need to test. The test will then need to be taken annually. We are planning for all four of our peer support specialists to be certified. We opted in only for mental health at this time.
- e. Mrs. Satterburg stated NAMI also does peer support certifications trainings.

9. Director’s Report:

- a. Nothing to report.

10. Program Integrity:

- a. Mrs. Bullis-Cruz emailed her data out and gave physical copies. She stated there were more requests for services in November. Mrs. Bullis-Cruz stated the average wait days after initiating walk-in intake days have gone to zero. Request day = day they are seen. We are not losing people due to long wait times. No cancellations happening either, also due to the walk-in intakes.
 - i. Mr. Sellers asked why we are only differentiating between Hispanic and non-Hispanic clients? Mrs. Bullis-Cruz responded the remaining non-Hispanics are not broken down because our threshold here in Colusa County is Hispanic and the state is only



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

requesting this information, not a complete breakdown. Mrs. Bullis-Cruz stated she can provide breakdown for the year. Mr. Sellers said that would be great.

11. Quality Assurance:

- a. Mrs. Rojas emailed out her data and gave physical copies. For the month of November: Dually diagnosed has gone up. Individual clients served has gone up. Rehab clients have gone down. Therapy has gone up. 16 clients received collateral services. Case management has stayed the same. Crisis went down 50%, walk in intakes also helping with this. Parity rate 60% (199 clients)
 - i. Mrs. Satterburg asked when we say service what service is it? Mrs. Rojas replied it can be case management, mental health specialist service, or therapy; that the numbers in the column coordinate with services in the rows.
 - ii. Mrs. Satterburg asked what is collateral service. Mrs. Rojas stated it is support provided to a collateral person which is a support person of the client. Mrs. Rojas stated natural supports are very important.
 - iii. Mrs. Satterburg asked where do we serve mild to moderate since this site only serves severe cases? Mrs. Rojas stated that we refer them to their managed care plan (MCP). It will be coordinated with a case manager to find Medi-Cal provider, although there are none in this county unfortunately. The MCP's do offer transportation. Only transfer the client or only one minor client and one adult, no other children or adults allowed. Mrs. Satterburg asked where are they going for services? Mrs. Rojas stated Yuba City mostly with some telehealth.
 - iv. Mrs. Scroggins stated continuity of care is when clients can requests their same provider for up to one year if they are being transitioned from severe services to mild to moderate services. In the meantime, our staff can work to find an outside provider when the year is up.
 - v. We keep the majority of our medication management clients because their status would not be stable without medication.
- b. The status on the ARF was requested. Ms. Scroggins stated we are remodeling still and bids will be going out soon.



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

- i. Mrs. Satterburg asked to be notified when that will be happening. Ms. Scroggins asked Mr. Boes is he had any updates on the ARF. Mr. Boes stated they are still remodeling.
 - 1. Mrs. Hickel stated on the County of Colusa website all bids are posted and suggested Mrs. Satterburg look into it and sign up to be notified that way.
- c. Mrs. Bransford said Mrs. Rojas does a great job and her data gives significant information.

12. PRA Report:

- a. Mrs. Houston reported there was one grievance in November. Mrs. Houston stated she spoke with the client and the grievance was withdrawn.
- b. Mrs. Houston stated we are doing test calls for October and November and working on December. Mrs. Houston stated a Spanish speaking person is suggested to do test calls, waiting to hear back if we can get someone to do that.
- c. Mrs. Satterburg asked if grievance was related to transfer of care.
 - i. Mrs. Houston replied, no it was related to medication management.

13. State Required Contract Review:

- a. Nothing to report.

14. Chairperson's Report:

- a. Nothing to report.

15. Board of Supervisor Report:

- a. Supervisor Boes reported the No Place Like Home project is on the Colusa City Council agenda to discuss permit fees and taxes. Hopefully, we will be breaking ground in 6 months. Supervisor Boes will give an update when he is informed of what was discussed.
 - i. Mrs. Hickel stated she is thankful for his work and that he attends these meetings. It is very nice to see our Board of Supervisors liaison taking an interest and helping out where possible.

16. Adjournment – Meeting adjourned at 3:57pm.



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Next meeting scheduled for: Tuesday, January 10th, 2023

Minutes completed by: Haley Amundson