



# COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

**September 13th, 2022**

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:09pm
2. Establish Quorum
  - a. Board Members in attendance: Walter Osborn, Debbie Hickel, Leona Satterburg, Alfred Sellers Jr., Diane Bransford
  - b. Board Members not in attendance: Rob Wilson
  - c. *Quorum established*
3. Meeting Participants:
  - a. Behavioral Health staff in attendance: Chris Houston, Mayra Puga, Tony Hobson, Bessie Rojas, Heather Bullis-Cruz, Jeannie Scroggins
  - b. Others in attendance: Kent Boes
4. Public Comment
  - a. No comment
5. Old Business:
  - a. None to report
6. New Business:
  - a. None to report
7. Action Items:
  - a. Approval of Board Meeting Minutes from August. Motion made by Ms. Satterburg and seconded by Ms. Hickel. Ms. Bransford abstained though all other members approved. Minutes approved.



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- b. Reviewed comments received from 30-day review period of Amended MHSA Plan. One comment was received regarding increasing the funding for the Library Services program, which was considered and this change was incorporated. Another comment received did not relate to the MHSA Plan but spoke of a MHSA Safe Haven event, specifically about concern and dissatisfaction in a balloon release for Suicide Prevention and Awareness month.
  - c. Approval of Amended MHSA Annual Plan. Motion made by Ms. Satterburg and seconded by Mr. Osbourn. All approved.
    - i. Before the plan was approved the following discussion was had:
      - 1. Changes to the PATH Innovation Program was summarized of moving from a 3 year project to a 5 year project. A question was asked ensuring that a Probation Officer position was added into the PATH Innovation Program. Mr. Sellers inquired about adding in a Parole Officer. Mr. Hobson clarified that would be a State resource versus local community funding.
      - 2. The Library Services program shall help in decreasing stigma in the county as mental health resources will be offered in each library, covering all of the communities in Colusa County.
8. MHSA Update:
- a. Safe Haven Report: Ms. Puga reported that Safe Haven hosted a balloon release event on September 9<sup>th</sup> in remembrance of our loved ones we have lost to suicide and to bring awareness for Suicide Prevention Awareness Month.
    - i. Ms. Hickel asked about the advertising of this event. The flyer was posted on the BH website, Facebook page, County Calendar, and available at our clinic and at Safe Haven.
  - b. Bright Vista Report: Ms. Puga announced that Bright Vista will be hosting a Wild Things event on September 21<sup>st</sup>. This event is open to all youth as we try to grow our membership and find ways to inform the community of this new county resource.
9. Director's Report:
- a. Mr. Hobson reported on the progress of a new program; Behavioral Emotional Support Team (BEST) for Students. Staff has been hired and are housed in all school districts in the county. They are concluding their training and are now beginning to offer services. There was a mention of



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developing wellness centers in each school district. Ms. Satterburg asked if every county is doing this. Mr. Hobson answered, “Yes”. There is specific funding to help support more mental health services in schools since the pandemic.

- b. Mr. Hobson discussed an upcoming training to improve our community’s crisis response, which will focus on critical incidents and stress management scheduled for October 4<sup>th</sup> and 5<sup>th</sup>. This training is currently being offered to our BEST for Students staff, Crisis Team staff, Sheriff’s Office, and some CCOE staff.
- c. During the Director’s Report, the following questions were asked:
  - i. “What is the progress of the Adult Residential Facility (ARF)? Has it gone out to bid for operators?” asked Ms. Satterburg.
    - 1. Mr. Hobson responded that we are still in process of the remodel of the facility
  - ii. Mr. Sellers asked how many beds will be available at the ARF.
    - 1. Mr. Hobson responded, “9-11 beds”.
  - iii. “Will there be a peer respite?” asked Mr. Osbourn.
    - 1. Mr. Hobson discussed the possibility of this in the future.

## 10. Program Integrity:

- a. Ms. Bullis-Cruz mentioned that request for services increased, and shared her handout. She mentioned that the clinic’s new Open Access should help accommodate the additional requests. Ms. Bullis-Cruz reported that the amount of crisis services also increased in the last 6 months to 1 year. For intakes, 32 clients identified as Hispanic out of 52 intake requests.
- i. Ms. Hickel made a comment of also seeing an increase in homelessness, and Ms. Bransford noticing an increase in unemployment possibly due to unplanted agriculture land that may be causing mental health symptoms.

## 11. Quality Assurance:

- a. Ms. Rojas shared her handout regarding counts of services, though mentioned that Collateral Service data pulled incorrectly and that she will double check it. She reported that based on current Census data our Latino/a parity rate should be 59%, instead of the previous 54%. Thus, we are slightly under meeting parity for this population.
  - i. Mr. Sellers inquired about the SUD acronym listed on the handout. Ms. Rojas clarified SUD stands for Substance Use Disorder, and that we have seen an increase in co-occurring SUD and Mental Health diagnoses. Mr. Sellers was interested in knowing what types of substance use disorders we are currently treating, are there



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any current trends in what substance is being used, and are individuals over dosing from fentanyl. Ms. Rojas stated that these questions can be better answered by our Clinical Program Manager of SUD Services, Ms. Jennifer McAllister, who will be invited to present on our SUD Treatment Program in the near future.

12. PRA Report:

- a. Ms. Houston has recently contracted with Colusa County Behavioral Health to provide Patient Rights Advocate (PRA) services. She introduced herself and discussed her experience in this field. Ms. Houston reported there have been no grievances for August

13. State Required Contract Review:

- a. None to report.

14. Chairperson's Report:

- a. Mr. Osbourn stated that everyone is doing a good job.

15. Board of Supervisor Report:

- a. "We wrapped up budget stuff" and at the Board of Supervisor's meeting on September 27<sup>th</sup> it should be finalized. "Behavioral Health was a huge help, and the level of services is expanding to people throughout the community", said Supervisor Boes.

16. Adjournment – Meeting adjourned at 4:02pm

**Next meeting scheduled for: October 11<sup>th</sup>, 2022 at 3:00pm**