



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

May 10, 2022

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:02pm
2. Establish Quorum
 - a. Those in attendance: Mayra Puga, Haley Amundson, Jeannie Scroggins, Bessie Rojas, Debbie Hickel, Heather Bullis-Cruz, Kent Boes, Noel O'Neill, Walter Osbourn, Leona Satterburg, Rob Wilson, Danny Medina (CAMPRO for Sacramento County), Mary Godinez (Colusa County Victim Witness Program), Zoe Taylor-Ploog (California Association of Local Behavioral Health Board and Commissions)
 - b. Not in attendance: Diane Bransford
 - c. *Quorum established*
3. Public Comment:
 - a. N/A
4. Old Business:
 - a. N/A
5. New Business:
 - a. Ms. Puga stated this advisory board meeting is a town hall meeting for feedback on MHSA update; to have an action item for board to approve for fiscal year 22-23. Ms. Puga stated she gave advisory board members copies of the plan. She stated we had to add a few items. Big change - DHCS requested us to include in program description successes and challenges each program has been experiencing, last fiscal year or currently.



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- b. Ms. Puga gave brief explanation of stakeholder information in document. She explained the 30-day review period. She stated at the end of the document she highlights a summary of the budget. The budget is currently being reviewed and is not in the document.
- c. Mr. Wilson asked about the budget in regards to roll over. Mr. O'Neill explained the budget and how we get our allocations for different programs. Mr. O'Neill stated we are spending all of our CSS dollars in this plan and the state doesn't want us holding on to funds. We do have some rollover money in certain aspects to transfer costs if needed, state will allow to carry for five years. We are attempting to get money out to community but if we ran into trouble, we have reserve. We would need to do budget adjustment.
- d. Ms. Puga stated the 30-day review period is April 8-May 8. She stated she checked in with all libraries, front office, Safe Haven and no comments were provided. Ms. Puga stated Mrs. Satterburg did provide comments, added into plan. If any members have additions, please feel free to comment.
- e. Mr. O'Neill stated he, Mayra and Jeannie went over the plan together and Mr. O'Neill made adjustments also.
- f. Mrs. Hickel gave kudos to Mr. O'Neill in regards to the money that had been previously sitting there. Mr. O'Neill stated if money wasn't approved last year, it would have gone back and we would have lost 500k. Ms. Scroggins and Ms. Puga were instrumental in making this happen, said Mr. O'Neill.
- g. Mr. O'Neill stated we need to take a vote.
 - i. Mrs. Satterburg asked if we have to approve without budget being approved for this plan?
 - ii. Mr. Boes asked what the deadline for the plan is.
 - iii. Ms. Puga stated if our advisory board approves today, then the plan would go to BOS on June 21, and to the State by June 30.
 - iv. Mr. Boes stated that the numbers won't be accurate anyway since the BOS approves budgets in September. It will be a preliminary budget.
 - v. Ms. Puga stated this is estimation for each program.



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- h. Mr. Osbourn asked if members have reviewed.
 - i. Mrs. Satterburg submitted her comments, stated it was a great package.
 - i. Mrs. Satterburg stated she was in favor to pass without final budget. Mr. Osbourn seconded the motion. All present members were in favor.
 - j. Ms. Scroggins stated some funds were moved from CSS to capital facilities
6. Approval of Minutes:
- a. Mr. Osborn called for approval of minutes. Mrs. Satterburg seconded the motion. All present members were in favor.
7. MHSA Update:
- a. Ms. Puga stated we got our two new peer support specialists positions filled. One at Safe Haven and one will be at the youth center when it's opened fully. Pamela, the peer support for the youth center, is shadowing our peer supports over at Safe Haven in the meantime.
 - b. Ms. Puga stated the innovation team has made the move to their new space. The same building, but separate, as the youth center.
 - c. Ms. Puga mentioned the 5th Annual Car Show from 10am-2pm on Sat. May 14, and mentioned all the activities that will take place.
8. Interim Director's Report:
- a. Mr. O'Neill stated on expenses totaling around four million, and revenue at about three million. Mr. O'Neill stated we had rollover and we want to get revenue out to community; we're spending more this year than we're bringing in.
 - b. We are doing special things, such as:
 - i. Remodeling Cyprus House, one-time expenditure
 - ii. We are purchasing a new electronic health record, again one-time expense.
 - iii. Capital Facilities money on building updates. Transferred money from CSS to Capital Facilities. This particular year we are spending, but if we don't spend, we risk reversion.



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- c. Mr. O'Neill provided a printout of the estimated budget for the MHSA Annual Update.
 - d. Mr. O'Neill stated we have to match Medi-Cal dollars we draw down with state money. We will generate Medi-Cal money from case managers going out to Cypress House, costs will be offset.
 - i. We will budget for the 9 total beds even when they aren't all being used. We need to budget as if we are being fully utilized.
 - ii. Mr. O'Neill knows other counties that would be interested in a backup plan that would place clients in our facilities
9. Program Integrity:
- a. Ms. Bullis-Cruz stated we had a decrease last month in intakes and we have jumped right back up this month. She stated 31 were Hispanic intakes. Cancellation and no shows were average. Average wait days stayed the same.
10. Quality Assurance:
- a. Mrs. Rojas emailed the board her data with a new column showing Year to Date. Most assessments take two sessions. Amount of Rehab services provided stayed about the same. On target with parity and penetration percentages. Ms. Puga stated she will check with state census in regards to race population for the county.
 - b. Mr. Boes asked if some clients are the same from March and April. Do we double count?
 - i. Mrs. Rojas stated year to date is unduplicated, but yes there are clients who receive multiple services throughout the month and into the next month.
 - c. Mrs. Satterburg asked for clarification on collateral services.
 - i. Mrs. Rojas stated with this service it can be with a client or not with client, could meet with support person and client not be present, anyone important in their life, natural supports. Mrs. Rojas stated many adults are not interested in this service because they want to keep their personal life private.
 - ii. Mr. O'Neill stated collateral appointments get same reimbursement as other services.



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- d. Ms. Scroggins stated when comparing crisis services from Jan. – April 2020 to Jan. – April 2022, there was a large increase from 23 clients to 73 clients who utilized this service.

11. PRA Report:

- a. Ms. Bullis-Cruz will be temporarily reporting on this topic until this position filled. She stated we have not had any grievances this month.
- b. Mr. O’Neill stated we have an interested candidate that is already doing contract work in this field in other counties. Possibility of starting June 1 if a contract can be approved by the BOS before this time.

12. Safe Haven Report:

- a. Ms. Scroggins spoke about the car show. She stated we reached out to other county agencies to table and provide their information on available services.
- b. Ms. Scroggins stated our new peers have started. She said Safe Haven is in the process of getting more groups.
 - i. Ms. Bullis-Cruz started her nutrition group today.
 - ii. We have our first member led group starting next Thursday, going through facilitation training given by peer support specialists.
 - iii. Any members who wish to lead a member group will need to complete the facilitation training.
- c. Ms. Scroggins stated we want to increase awareness of Safe Haven’s services, and that it’s fully operational by promoting the program with the help of our marketing specialist, Ms. Amundson.
 - i. We want to increase member numbers. We have looked into mailer list through post office. Covid has challenged us in getting members back.
 - ii. Ms. Scroggins stated we can possibly put an ad on Transit buses. We have meeting tomorrow at Safe Haven for the leadership team where we can discuss outreach.

13. State Required Contract Review:

- a. Mr. O’Neill gave an update on the new director to start Monday, June 6. Leadership team will meet to go over programs with him and will include him in all team meetings to get a sense of direction of BH projects.



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- b. RFP for Cyprus House was approved this morning by BOS. Walkthrough June 2nd for potential contactors to submit bids.
- c. We have completed our department budget for FY 22-23 with a total of \$13 million. Medi-Cal is our biggest income with MHSA as secondary.
- d. The leadership team will be doing a billing training for all staff. It is a complex task and we need to be on same page for all staff. Compliance wise, we will be in good shape for audits.
- e. Our grant for the student services is moving into its next phase. Oversight and Accountability Commission will be meeting next Friday to discuss specifics of what kind of data they want. We will also be meeting with the superintendents at all the different districts to have them sign a final paper that they want to participate. Moving forward, our goal is to have staff onsite for Fall.
- f. Managers will be having their own unit meetings, finding out from staff how county can support them better. In regards to travel, childcare, life events, we want to accommodate staff. To keep services and productivity flush, no reason why we can't be flexible, we can explore all options.
- g. This morning, after a year, crisis MOU was approved. All signatures received.
- h. Youth center MOU with collaborative partners was approved.
- i. In terms of contracts approved this morning: Dr. Michelle Meshman will be working in AOD program 6 hours a week, brand new service, never had a doctor in the AOD program. She is an expert in this area and has passion for this work.
- j. Leadership team decided to enter into a contract with CalMHSA JPA authority for all counties. We will end our current Electronic Health Record (EHR) next summer and begin a new EHR in July 2023 migrating to CalMHSA's health record. We've had an agreement for a while and our county will be joining in with other counties.
- k. Rate changes on contracts. LPS consumer went to BOS this morning



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- l. Approvals today of bids to paint and carpet BH building.
 - m. Annual update from MHSA will go to BOS later in June. Then can submit to OAC in timely matter, can't get payment until approved by them.
14. Chairperson's Report:
- a. Mr. Osborn has been following SB 1338.
 - b. Mr. Medina stated in regards to this bill, forced treatment never works.
 - c. Mr. O'Neill stated CCBH is following it closely, stakeholders are not in favor mostly because its coherisive way to receive treatment. Big cities are in favor. Some form of this will most likely come about, higher ups in the State want this. We will have to figure how we can best follow changes.
 - i. Impact it will have is that anyone can submit a request to court with clinical assessment of individual and if judge makes a decision that this person could benefit from care plan then BH would receive referral.
 - ii. We would create 3-month plan and send it back to the court, court would order person into that plan or not.
 - iii. If after a year the person is not progressing, court can force person into LPS and would be conserved for a year. That client would be responsibility of BH, it costs about \$1 million a year for care and treatment.
 - iv. If number spikes and we are already spending \$1 million out of \$2 million, there is a concern regarding what money would we have left to match Medi-Cal dollars. A lot of factors in this bill.
 - d. Mrs. Satterburg asked where would we get funding if we are forced with this bill.
 - i. Mr. O'Neill replied that the State says we are already being reimbursed.
 - e. Mr. Boes said we should hold a workshop on this. Same amount of money just changing payment schedule on how its paid out. The state will be doing county by county survey to find cost of services in each county.
 - f. Mr. O'Neill stated we will have responsibility even if they have private or no insurance. Hopeful that it will work out.



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15. Board of Supervisor Report:

- a. Mr. Boes stated BOS approved about 5 contracts for BH today.
- b. Mr. Boes stated the board adopted proclamation making May “Mental Health Matters Month”
- c. Mr. O’Neill stated that the BOS has approved every request we’ve asked for over the past year.
- d. Mrs. Satterburg stated thankful they are so supportive

16. Adjournment – Meeting adjourned at 4:04pm

Next meeting scheduled for: Tuesday June 14, 2022 at 3:00pm

Minutes completed by: Haley Amundson