

COLUSA COUNTY PARTNERS FOR HEALTH

Colusa County Public Library (Morse Conference Room)- 738 Market St, Colusa, CA

SEPTEMBER 12, 2019

12:00-2:00

Partners Attended: AP – PH, DV – PH, AO – PH, CW – PH, JP – Tri County Envi Health, SK – CCOE, GG – CSU Chico CHC, MP – CCDBH, KS – CCDBH, DG – CCOE-CS, IR – CCOE-CS, LN – CCOE-CS, LC – Ampla Health, JM – CHC, AG – CHC AAA, GH – First5, IR – CAPC, MC – CAPC, LK – CCSO, KP – Colusa 1 Stop, SH – ALA, RP – UC CalFresh Healthy Living, KO – First5

1. 12:00-12:15 INTRODUCTIONS & Ice Breaker

- a. Share your name & organization
- b. Ice Breaker: Change 3 things about your appearance

2. 12:15-12:50 NUTRITION & PHYSICAL EDUCATION PRESENTATION

- a. JM-
 - i. Provided county specific data:
 1. CalFresh recipients
 2. Obesity prevalence
 - ii. Looking for opportunities to partner with local agencies, come in and support older adults.
 1. Intergenerational activities
 2. Farmers markets
- b. GG-
 - i. Provided information on SPAN, state wide physical activity and nutrition.
 1. CDC Funded, one of 6 grantees, working in Colusa and Glen counties, Three components: 1) early childhood- PSE in ECE settings (Nutrition, feeding practices, physical activity, screen time and policy) 2) retail working with 2 small retail markets per year (possible store in Colusa) 3) healthy meeting policy, can we start with this group?
- c. RP-
 - i. Presented on services provided
 1. Teaches people eligible for SNAP about good nutrition, how to make their food dollars stretch further, and how to be physically active at any age. Program is effective at Arbuckle, Grand Island Elementary, Williams lower elementary, Upper Elementary, 9544 tastings each year.
- d. IR-
 - i. Presented on services provided
 1. Children's Service, Child care food program CACFP, plays vital role in creating and maintaining high quality, affordable care and nutrition, child care centers, head start, early head start, state center based, child care homes.

3. 12:50-1:00 TOBACCO EDUCATION UPDATE

- a. DV & AP provided update on vaping associated pulmonary injury
 - i. Stats
 - ii. Symptoms reported

- iii. CA Health Advisory
- iv. National response: TRUMP ADMINISTRATRION COMBATING EPIDEMIC OF YOUTH E-CIGFARETTE USE.

4. 1:00-1:45 SUBCOMMITTEE BREAKOUT

- a. Nutrition & Physical Education
- b. Tobacco Education
- c. Strengthening Families
- d. Oral Health

5. 1:45- 2:00 PARTNER SHARING

- a. **Strengthening Families:** county prevention plan, needs to get outlined and in the works, so that they can review with other county partners, 9months in the making and needs to start being implemented.
- b. **Tobacco Education:** Parent education, staff education, leadership and advocacy conference TBA
- c. **Oral Health:** the providers in the county, and assistants as well as the dental hygienists, will be presenting the needs assessment on the counties health in the areas at the CHIP meeting
- d. **Nutrition & Physical Education:** didn't do too much. Wrapping up services, and next month they will have to do some reporting, GG will go to different stores to get them on the grant. (Small 3 checkouts or less).

6. Establish next meeting date: November 14, 2019