

Colusa County Partners for Health Coalition Meeting Minutes

5/16/2019

Colusa Industrial Properties

100 Sunrise Blvd.

Colusa, CA

Members in Attendance: NM -- Ampla, HM – First 5, MB – CHC, AP – Anthem, JP – Anthem, LK – Sherriff's Office, RP – UCCE, CS – UCCE, KP – One Stop, SK – CCOE, LC – Ampla, RH – Medi-Cal Dental, EA – PH, CR – PH, MP – BH, IR – CCOE Children's Services, JD – Farmers Market, CB – CAPC, GH – First 5, VM – CCOE, KO – First 5/AFAC, BH – First 5/WFAC, SC – Library

- 1. 12:00-12:05 Introductions**
- 2. 12:05-12:45 Colusa County Needs Assessment Update (EA)**
 - a. Shared findings of needs assessment
- 3. 12:10-1:10 Changing Social Norms in Community Health**
 - a. Training by Tobacco Education Program
 - i. Flavored Tobacco: What has changed in the last year?
 1. JUUL & ModPods
 2. National Level Updates
 3. California Legislation
 4. Local TA Requests
 - ii. Long-Term Health Effects Studies
 1. Cardiovascular/heart-disease studies
 - iii. E-cigarettes as Cessation?
 1. E-Cigarettes are still not an FDA approved method of cessation
 2. Even if they do help, for every additional adult who quits smoking using e-cigarettes, there are 80 additional youth who initiate daily tobacco use through e-cigarettes
 - b. Youth Update by TUPE
 - c. Social Norms Training & Group Activity by Tobacco Education Program
- 4. 1:10-1:45 Subcommittee Breakout**
 - a. **Select Presentation Month**
 - i. Nutrition & Physical Education - September
 - ii. Tobacco Education - February
 - iii. Strengthening Families - December
 - iv. Oral Health (not present) – July
- 5. 1:45-2:00 Subcommittee Sharing**
 - a. **Strengthening Families Subcommittee**
 - i. Discussed prevention that is going on in our communities. We established some opportunities to connect and learned a lot of new information. Still in preparation phase for subcommittee.
 - b. **Nutrition & Physical Activity Subcommittee**
 - i. Dove into planning for our September presentation based off our different program information. There is a lot coming up with the local farmers' market and health services.
- 6. Establish next meeting date: July 11th**